



West College of Education
Sport and Leisure Studies Practitioner Minor
2021-2022 Catalog

Name:	ID:	Date:
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	Course Requirements– 18 semester hours
	KNES 1503 Concepts of Fitness & Wellness
	KNES 2423 Techniques & Strategies of Fitness & Conditioning Activities
	KNES 2433 Techniques & Strategies of Adventure & Outdoor Activities
	KNES 3203 Organization and Programming in Recreation, Leisure, and Sport
	Choose 6 hours from the following:
	KNES 3323 Coaching Theory and Practice
	KNES 3353 Officiating
	KNES 4033 Sport and Exercise Psychology
	KNES 4513 Adapted Physical Activity